



SPORTIME Amagansett JMTA Hamptons SUMMER TRAINING 2024

FOR COMMITTED PLAYERS AGES 8-18
12 WEEKS, JUNE 10 THROUGH AUGUST 30
ATHLETIC PERFORMANCE TRAINING
MENTAL TOUGHNESS TRAINING | VIDEO ANALYSIS

John McEnroe Tennis Academy (JMTA) Summer Tennis Training Camp

At JMTA, we train 52 weeks a year. Our intensive JMTA Summer Training Camp at SPORTIME Amagansett, the Hamptons' summer home of JMTA, is designed for players competing in, or striving to compete in, Sectional, National and ITF tournaments, and those interested in playing high-school tennis, college tennis and beyond. Players, at any level, who simply want to be the best they can be, are also welcome!



JMTA Tennis Training

The JMTA Training Camp curriculum features a combination of drills, technical and tactical coaching, match-play, and off-court athletic and cross-training, specifically tailored to the ages and levels of each JMTA player group. Our world-class directors carefully evaluate students, place them in small age and level-appropriate groups, and customize programs to meet their developmental needs.

JMTA Athletic Performance Training (APT)

JMTA's APT program is designed to help tennis players improve their fitness and on-court performance through increased strength, flexibility and mobility, and to reduce the risk of injury.

JMTA Mental Toughness Training

We believe that our capacity to determine an individual player's on-court stress patterns, and to provide each JMTA player with the tools to better manage stress at times of on-court adversity, to prepare to mount a comeback, or to remain calm and finish the job when in the lead, is crucial to giving each JMTA student an "edge". JMTA's Mental Toughness curriculum is developed by JMTA Directors and coaches and implemented on and off-court.



Video Analysis

Our supervising coaches take videos of JMTA students in action and, using video analysis software, provide verbal feedback tagged to the video clips, using annotation tools to highlight the verbal analysis. These videos are then emailed to the players, parents and coaches. JMTA coaches also review and analyze other practice and match play video, both of JMTA players and of professional players, with students, in individual and group settings.



Match Play Afternoons

With up to 33 of our beautiful Har-tru tennis courts available to our JMTA students, it's match-play every day at SPORTIME Amagansett. Each afternoon at JMTA Training, participants have the opportunity to compete in singles and doubles, with on-court supervision from our experienced coaches. Players receive technical and tactical feedback in match-play situations..



Typical JMTA Training Camp Day

- Monday - Friday: 10:15am - 4:00pm**
- 10:15am - 10:25am Check-in, assembly and warm-up
- 10:25am - 1:00pm Players rotate through on and off-court training stations, including Athletic Performance Training and on-court, live-ball drilling and technical skills development training
- 1:00pm - 2:00pm Lunch and rest
- 2:00pm - 3:55pm Singles and doubles match-play; live-ball drills (situational/strategy), tactical point-play games
- 3:55pm - 4:00pm Cool down and dismissal



Register Today!
To register, scan QR code. If you have any questions, please contact us. We're happy to help!



320 ABRAHAMS PATH, AMAGANSETT, NY 11930
AMAGANSETT@SPORTIMENY.COM
(631) 267-1038
WWW.SPORTIMECAMPS.COM/JMTA-AM

About the John McEnroe Tennis Academy a SPORTIME Amagansett

Located in the Town of East Hampton, spread across 24 acres, SPORTIME Amagansett features 33 Har-tru tennis courts, one Laykold hard tennis and pickleball court, natural turf sports fields, a large indoor sports arena, a tennis pro shop and a café. Adult and junior memberships are available, along with private or group tennis instruction and clinics and a range of tennis and social events.

Rain or Shine, We are On!

Nothing cancels JMTA Training Camp. On the rare occurrences when courts are closed due to inclement weather, we use our indoor space at the SPORTIME Amagansett Multi-Sport Arena to provide a modified performance schedule. We also watch tennis videos and participate in tennis trivia challenges. Campers who wish to opt out of a rainy-day session may do so and may schedule a make-up day on a space-available basis. No refunds are given for rain days.

Private Coaching

Private tennis lessons and athletic training sessions are available. Cost varies by coach. Call for more info.



USTA Tournaments & UTR Verified Events

SPORTIME Amagansett hosts several USTA Junior Tennis Tournaments each summer, along with weekly UTR Verified Events. All JMTA players are encouraged to compete in these events. JMTA coaches will be on-site to support, coach and observe JTMA players. Register your child with USTA and UTR now, or ask us for help if needed!

Safety

To ensure your child's safety, all activities are supervised by directors and coaches trained in injury prevention and CPR and all SPORTIME coaches receive extensive child-abuse prevention and reporting training, which is updated annually. We are 100% committed to providing a safe environment for your child.

Lunch

Players can order lunch daily from the club cafe, or bring their own packed lunch which can be refrigerated. Players may also order, in advance, a boxed lunch from our cafe which will be ready for them at lunch time.

Register Today!

Please call 631-267-1038 or email amagansett@sportimeny.com with any questions or for help with registration, or visit us online at www.SporttimeCamps.com/JMTA-AM to find out more.



Camp Directors and JMTA Directors

Paul Koenke, Director, JMTA Amagansett

pkoenke@sportimeny.com
Originally from Denver, Colorado, Paul Koenke was a blue-chip American junior, ranked top-10 nationally in Boys 16s and 18s, and winner of three National Championships. Paul played D1 college tennis for both Clemson University and Boise State University, where he achieved a national ranking of #42 in doubles. Post college, Paul moved to New Zealand, where he competed and coached, achieving a ranking of #5 in the nation and developing some of New Zealand's top junior talent. Prior to joining the SPORTIME and JMTA family in 2023, Paul was Head Tennis Professional and Director of Junior Development at the Savannah Yacht Club in Savannah, GA for 7 years. Recently, Paul returned to competition in the USTA Men's 35 and overs, winning a total of 5 gold, silver and bronze balls in 2023. He is currently the #1 ranked doubles player in the country in his age division. Paul was named Director of JMTA Summer Tennis Training at SPORTIME Amagansett in 2024.



Patrick McEnroe, Executive Director of JMTA

As a junior from Douglaston, NY, Patrick reached the semifinals of Wimbledon and the US Open boys' singles in 1983. At Stanford University, Patrick captained NCAA championship teams in 1986 and 1988 and graduated with a degree in political science. On the ATP Tour, Patrick achieved world rankings of No.28 in singles and No.3 in doubles and won a French Open title in doubles. Patrick was the longest tenured U.S. Davis Cup captain in history, winning the cup in 2007. He was the General Manager of Player Development for the USTA until mid-2015 and joined Sportime/JMTA in 2017.



For full bios about our JMTA Directors, please visit us online at www.SporttimeCamps.com/JMTA-AM.



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